

What is Respite Care?

Webster's Dictionary says "to give respite" is to give someone a rest period, break, or breathing spell.



The Volunteer Respite Program provides our home-bound veterans with the opportunity to have qualified and trained volunteers come into their homes to visit the veteran once or twice a week for a few hours each visit. The Respite Volunteer will provide socialization and friendly companionship to the veteran, while giving the caregiver a much deserved break.

The **Volunteer Respite Program** was developed to meet a growing need to support those outside the medical environment, who have daily responsibility of caring for ill and injured veterans in their homes.



"...to care for him who shall have borne the battle and for his widow, and his orphan."

...Abraham Lincoln

Suggested Respite Volunteer Activities

- Reminisce with the Veteran
- Read newspapers, books, magazines
- Play games
- Work on craft projects
- Watch movies
- Write letters
- Listen to music
- Watch the veteran's favorite TV program
- Variety of other activities based on the veteran's needs and interests.

**To learn more about the
requirements for this
program, please call the
Volunteer Respite
Coordinator at:
(520) 792-1450 x 6020.**



Mandy Martell
Volunteer Respite Coordinator
(520)792-1450 x 6020

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Respite Home Program

**Volunteers....
are you
interested in
visiting Veterans
in their homes?**

